



# SOUTH AFRICAN KICKBOXING ASSOCIATION

**President:** Aslam Mahomed, Cell: 0813251789, Email: [a.mahomed@mweb.co.za](mailto:a.mahomed@mweb.co.za)

**Vice-President:** Eddie Theron Cell: 0826991324, Email: [eddie@modustech.co.za](mailto:eddie@modustech.co.za)

**General Secretary:** Louise van Staden, Cell: 076 3306530, Email: [sakasecretary@gmail.com](mailto:sakasecretary@gmail.com)

**Treasurer:** Charlie Ndlovu, Cell: 0603751688, Email: [ndlovucharlien@gmail.com](mailto:ndlovucharlien@gmail.com)

**Development Officer:** George van Diggelen Cell: 060 492 6937, Email: [vacshs2018@gmail.com](mailto:vacshs2018@gmail.com)

**Athletes Commissioner:** Given Majuba, Cell: 0618495266, Email: [givenmajuba@gmail.com](mailto:givenmajuba@gmail.com)  
[www.kickboxers.co.za](http://www.kickboxers.co.za)



## SAKA CODE OF CONDUCT

### CODE OF CONDUCT AS PER SASCOC REGULATIONS

The undermentioned conduct serves as a guideline to all affiliates to SAKA. All Instructors and provincial chairpersons must ensure that the code is disseminated to all applicable within their area of responsibility.

#### 1. ADMINISTRATORS

I pledge to:

- 1.1. Do my best to ensure that all athletes are given an equal opportunity to participate, regardless of gender, ability or ethnic background.
- 1.2. Discourage any sport program from becoming primarily an entertainment for the spectators.
- 1.3. Ensure that all equipment and facilities are safe and appropriate to the athlete's ages and abilities.
- 1.4. Make sure that the age and maturity levels of the children are considered in program development, rule enforcement and scheduling.
- 1.5. Remember that participation is done for the athletes own sake and ensure that winning is kept in perspective.
- 1.6. Ensure that the code of ethics / fairplay is distributed, understood and agreed upon by, coaches, athletes, and officials.
- 1.7. Ensure that coaches and officials are capable of promoting fair play as well as the development of good technical skills, and encourage them to become certified.
- 1.8. Promote and develop the game by sharing knowledge and experience.
- 1.9. Administer all issues relating to the sport in the best interest of the sport and not for my personal gain.
- 1.10. Educate and ensure high standards of risk management are maintained.
- 1.11. Educate athletes to respect other cultures and beliefs.
- 1.12. Keep athletes and officials updated on protocol of other countries where they may compete.
- 1.13. Conform to my federation's code of conduct.
- 1.14. Show common courtesy towards participants/players, other administrators coaches, spectators, technical officials, press and sponsors.
- 1.15. No administrator shall at any time give, make, issue, authorize or endorse any public statement which will have or design to have, an effect prejudicial or detrimental to the best interest of the National Federations or sport in general

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## 2. PARTICIPANTS

I will:

- 2.1. Respect the rules and play in the spirit of the game.
- 2.2. Display high standards of behaviour that promote a positive image for the game.
- 2.3. Respect my opponents.
- 2.4. Respect the officials and their decisions.
- 2.5. Be gracious in victory and defeat and remember that winning isn't everything.
- 2.6. Give my team-mates positive inputs and feedback.
- 2.7. Compete fairly.
- 2.8. Refrain from the use of profane, insulting, harassing or otherwise offensive language or behaviour on or off the field.
- 2.9. Strive to maintain a sense of self-control and dignity at all times.
- 2.10. Thank officials and opposing teams after every game/match.
- 2.11. Remember to maintain a sense of integrity.
- 2.12. Respect the facilities/equipment.
- 2.13. Do my best to try to be a true team player.
- 2.14. Never advocate or condone the use of drugs or other banned performance enhancing substances.
- 2.15. Reject corruption, drugs, racism, violence and other dangers to the sport.
- 2.16. Help others to resist corrupting pressures.
- 2.17. Denounce those who attempt to discredit the sport.
- 2.18. Honour those who defend the sports good reputation.
- 2.19. To the best of my ability abstain from the use of tobacco products and alcoholic beverages in public when representing my country.
- 2.20. Never provide under age participants with alcohol.
- 2.21. Participate in all team testing and satisfy all team program-testing objectives. (Drug and High Performance)
- 2.22. Communicate and co-operate with registered medical practitioners/testing centre in the diagnoses, treatment and management of medical problems and respect the concerns of these medical people have

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when they are considering my future health and well being and when they are making decisions regarding my ability to continue to play or train.

- 2.23. Respect other athletes and officials cultures and beliefs.
- 2.24. Conform to my federation's code of conduct.
- 2.25. Show common courtesy towards administrators, coaches, spectators, technical officials, press and sponsors.
- 2.26. No player/participant shall at any time give, make, issue, authorize or endorse any public statement which will have or design to have, an effect prejudicial or detrimental to the best interest of the National Federations or sport in general

### 3. TECHNICAL OFFICIALS

I will:

- 3.1. Make sure that every athlete has a reasonable opportunity to perform to the best of his or her ability, within the limits of the rules.
- 3.2. Avoid or put an end to any situation that threatens the safety of the athletes.
- 3.3. Strive to maintain a healthy atmosphere and environment for competition.
- 3.4. Not tolerate unacceptable conduct toward officials, athletes, spectators or myself.
- 3.5. Be consistent and objective in calling all infractions, regardless of my personal feelings toward a team or individual athlete.
- 3.6. Handle all conflicts firmly but with dignity.
- 3.7. Accept my role as a teacher and role model for fair play.
- 3.8. Be open to discussion and contact with the athletes before and after the game.
- 3.9. Remain open to constructive criticism and show respect and consideration for different points of view.
- 3.10. Obtain proper training and continue to upgrade my officiating skills.
- 3.11. Consistently display high personal standards and project a favorable image of the sport and officiating.
- 3.12. Uphold the international standards.
- 3.13. To the best of my ability abstain from the use of tobacco products and alcoholic beverages in public when officiating and working with officials and athletes.
- 3.14. Refrain from the use of profane, insulting, harassing or otherwise offensive language or behavior in the conduct of my duties.
- 3.15. Never advocate or condone the use of drugs or other banned substances.

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- 3.16. Conform to my federation's code of conduct.
- 3.17. Show common courtesy towards participants/players, administrators, coaches, spectators, other technical officials, press and sponsors.
- 3.18. No technical official shall at any time give, make, issue, authorize or endorse any public statement which will have or design to have, an effect prejudicial or detrimental to the best interest of the National Federations or sport in general

## 4. COACHES

I will:

- 4.1. Treat everyone fairly within the context of his or her activity, regardless of gender, place of origin, colour, sex, religion, political belief or economic status.
- 4.2. Ensure that confidentiality of players is maintained.
- 4.3. Teach the athletes how to manage conflict and stress and use good judgment in tough situations.
- 4.4. Be generous with praise and give the team positive inputs and feedback.
- 4.5. Encourage a constructive attitude toward competitions.
- 4.6. Provide an equal opportunity for all to learn skills and further themselves.
- 4.7. Encourage individuals to continue their participation in sport.
- 4.8. Be reasonable when scheduling games and practices.
- 4.9. Teach athletes to play fairly and to respect the rules, officials and opponents.
- 4.10. Ensure that all athletes get equal instruction, support and playing time
- 4.11. Not ridicule or yell at my athletes for making mistakes or for performing poorly.
- 4.12. Within the limits of my control I will make sure that equipment and facilities are safe and match the athlete's ages and abilities.
- 4.13. Remember that athletes need a coach they can respect and thereby set a good example.
- 4.14. Obtain the proper training and continue to upgrade my coaching skills.
- 4.15. Refrain from public criticism of fellow coaches, athletes, officials and volunteers especially when addressing the media.
- 4.16. Communicate and co-operate with registered medical practitioners in the diagnoses, treatment and management of the athlete's medical and psychological problems.
- 4.17. Consider the athlete's future health and well being as foremost when making decisions regarding an injured athletes ability to continue playing or training.

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- 4.18. Recognize and accept when to refer athletes to another coach or sport specialist, allow the athletes goals to take precedence over my personal goals.
- 4.19. At no time become intimately and/or sexually involved with any athlete.
- 4.20. Never advocate or condone the use of drugs or other banned performance enhancing substances.
- 4.21. Never provide under age athletes with alcohol, or encourage its use.
- 4.22. To the best of my ability abstain from the use of tobacco products and alcoholic beverages in public when officiating and in the presence of the athletes.
- 4.23. Refrain from the use of profane, insulting, harassing or otherwise offensive language or behaviour in the conduct of my duties.
- 4.24. In the case of minors, communicate and co-operate with the athlete's parents or legal guardians, involving them in management decisions pertaining to their child's development.
- 4.25. Conform to my federation's code of conduct.
- 4.26. Show common courtesy towards participants/players, administrators, spectators, technical officials, other coaches, press and sponsors.
- 4.27. No coach shall at any time give, make, issue, authorize or endorse any public statement which will have or design to have, an effect prejudicial or detrimental to the best interest of the National Federations or sport in general.

## 5. GENERAL

- 5.1. Instructors speak to one another and not about one another.
- 5.2. You do not open a club / gym in close proximity to an existing SAKA club / gym without getting the permission of the instructor who was there first.
- 5.3. Instructor`s private life style must be an example to his / her students.
- 5.4. Unmarried couples will not sleep together when representing South Africa in which ever capacity. This activity will in fact not be tolerated at any SAKA activity or an activity where SAKA is represented.
- 5.5. No one representing SAKA / South Africa may put the sport / martial art in disrepute in whichever way. Should it happen the delegation leader / chairperson of SAKA may remove such a person from the team without having to follow any disciplinary process.
- 5.6. When representing South Africa in an official capacity the Delegation leader`s decision will be final should there be any discrepancies.
- 5.7. When representing South Africa / SAKA internationally we travel as a team and return as a team. Special permission may be granted to individuals to travel separately should prior permission be obtained from the delegation leader / SAKA chairperson.
- 5.8. Instructors always remain responsible for the behavior of their students.

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- 5.9. All spectators, friends and family members attending a kickboxing event / activity must abide by the above Code of Conduct.
- 5.10. Ignorance of the SAKA Constitution, Rules and Regulations will not be accepted as an excuse for which ever activity or inactivity.
- 5.11. Grant full consent that photos and videos will be utilized on all social media platforms.

## 6. INDEMNITY

I/ My legal guardian

- 6.1. acknowledge that my participation in the tournament entail known and unknown risks that could result in physical or emotional injury, paralysis, death, or damage to myself, to property or to third parties.
- 6.2. understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity.
- 6.3. furthermore, indemnify the Association, staff and employees who have difficult jobs to perform. They seek safety, but they are not infallible. They might be unaware of a participant's fitness or abilities. They may give incomplete warnings or instructions, and the equipment being used might malfunction.
- 6.4. expressly agree and promise to accept and assume all of the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks.
- 6.5. hereby voluntarily release, discharge and agree to defend, indemnify and hold harmless released parties from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my participation in the event or facilities, including any such claims which allege negligent acts or omissions of released parties.
- 6.6. should SAKA/WAKO or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.
- 6.7. certify that I have adequate insurance to cover any injury or damage that I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself.
- 6.8. further certify that I am willing to assume the risk of any medical or physical condition that I may have.
- 6.9. agree as an adult participant, or the Parent/Legal Guardian of a minor participant, in consideration of being permitted to participate at SAKA/WAKO event, grant related and affiliated entities, partners, employees, agents, successors and assigns, the irrevocable right and permission to photograph and/or recording for all purposes, including advertising and promotional purposes, in any manner in any and all media now or hereafter known, in perpetuity throughout the world, without restriction as to alteration.
- 6.10. waive any right to inspect or approve the use of the photographed/or recording, and acknowledge and agree that the rights granted to this release are without compensation of any kind. All Photographs and/or Recordings are exclusive to SAKA/WAKO.
- 6.11. agree that if the participant is a minor, this release of Liability and Assumption of Risk Agreement is made on behalf of that minor participant and that all of the releases, waivers and promises herein are binding on that minor participant.
- 6.12. represent that I have full authority as Parent or Legal Guardian to bind the minor participant to this agreement.
- 6.13. agree that if the participant is a minor, I further agree to defend, indemnify and hold harmless SAKA/WAKO from any and all claims or suits from personal injury, property damage or otherwise which are brought by, or on behalf of the minor, and which are in any way connected with such use or participation by the minor,

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including injuries or damages caused by the negligence of released parties, except injuries or damages caused by the sole negligence or wilful misconduct of the party seeking indemnity.

- 6.14. By signing this document, I acknowledge that if anyone is hurt or property damaged during my participation in this activity, I may be found by a court of law to have waived my or the minor participant's right to maintain a lawsuit against SAKA/WAKO or any released parties on the basis of any claim from which I have released them herein.
- 6.15. have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.

Participant

Name

Identity Number

Date

Place

Next of kin:

Name:

Contact number:

Legal Guardian

Name

Identity Number

Date

Place

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